Kerby Centre

Annual Report 2014 Sharing Our Stories

STATION

Kerby Centre

Kerby Centre Board of Directors



Philip Dack 1st Vice President

Larry Allen 2nd Vice President

Jerry Thompson Treasurer Richard Hehr Secretary

Our Mission

To assist older people to live as well as possible for as long as possible as residents in the community.

Our Vision

A happy, healthy senior population.



Maureen Wills Past President Phil Hochhausen Director Marion Narum Director Zane Novak Director

Message From Hank Heerema, President of the Kerby Centre Board

Every day at Kerby Centre, we hear the stories of older adults. Those stories can be happy or sad, celebratory or challenging, up-lifting or heartbreaking. They move us to change, act, feel and support. We are grateful to be able to support those whose story has left them feeling the need for support – and we are equally grateful for those whose story has an ending that brings on smiles and inspiration.

Kerby Centre's mission is to help older adults live as well as possible, for as long as possible, as residents in the community. We fulfill this mission through services and programs both at Kerby Centre and in the community. We at Kerby Centre help older adults plan for the future, find the supports they need in times of challenge, and encourage an engaged and healthy lifestyle. Additionally, our many community partnerships help us work together to bridge the needs of vulnerable people.

The secret that we at Kerby Centre want to share with Calgarians is that what you do today can change the part of the story yet to be told. Small, defined steps towards rewriting your story will result in a clear, future story.

Study after study shows that the keys to a long and healthy life are an active lifestyle, social connections, and a sense of purpose. Kerby Centre provides all of these through our many recreation, education, events, and volunteer programs.

As we continue to plan for a new Kerby Centre location, we are always aware of the changes to come in the area of serving older adults. The research and planning we have been under-taking will enable us to create the best possible organization in the future. We will continue to engage our stakeholders in the coming year.

We are proud that every day our team sets the standard for supporting older adults and that our work has led to recognition at a municipal, provincial, federal, and even international level. We take great pride that Kerby Centre is part of the story of older adults, our staff, our partners, and our friends.

On behalf of the Board of Directors, thank you for being part of Kerby Centre's story and we look forward to the chapters of the story yet to come.

Message Luanne Whitmarsh, Kerby Centre CEO



When we tell a story it is often with passion, drive, and emphasis. To tell a story one must listen, speak, and feel. No matter the story, the story-teller needs to understand who is listening, who the story will impact, and also has the responsibility to ensure that the story is appropriate for the listener.

When we were children we loved stories. As we mature, stories have different meanings – some stories have wonderfully happy endings but some do not. Kerby Centre's team, including the staff, volunteers and Board, are all committed to the stories of older adults. We do not judge, do not want to change people, and do not make promises we cannot keep. We support, encourage, provide information and safety, ensure that people have food, are engaged and healthy, have someone to talk with, and can express themselves through song, art or crafts, and we care.

We also have to remember to listen to our staff team. We have been over capacity most of the year meeting the needs of older adults. There are times where the 'busy' story we tell ourselves is a story that has to be evaluated and changes proposed. We will be doing that evaluation this year. The health of our staff and volunteer team impacts the health of all people who enter Kerby Centre. We know better results happen when we do many things in excellence instead of doing everything the best we can.

So, the story of Kerby Centre continues. For the past 41 years we have stood strong, met needs in a deep and meaningful manner, planned, succeeded, and persevered to be the largest one-stop senior centre in Calgary. This will continue. We will plan, seek out resources, and build the Kerby Centre story for 41 more years.

The health, wellness and successes of older adults are a shared vision and we are ready to continue to share in the story!



39,760 Food purchases in our dining room

\$644,554 Raised through donations, sponsorships, bequests, and foundations

5,042 Nights the Kerby Rotary Shelter gave a senior a safe place to sleep

834 Registrants in Education & Recreation Programs

3,257 Client Days in the Adult Day Progam 60,852.5 Volunteer hours

Half-hour episodes of the Shaw TV program "Kerby Centre's Successful Ageing" 360,000 Copies of Kerby News distributed

2,998 Clients provided with foot care in the Diana James Wellness Clinic

1,058 Grocery Deliveries to frail or isolated

seniors

In-home hours spent with Grocery Delivery Clients

837

38,579 Appointments through Kerby Centre's Information Resources Department Background photo: Clients at the Kerby Rotary Shelter enjoy a Christmas dinner thanks to generous donations through our Practically Christmas campaign. "I love volunteering at Kerby because I get to work with such wonderful staff and other volunteers."

"I get to meet a lot of different people when I am at Kerby. Sometimes people just want to talk and I like that. I get to make a difference in someone's day!"

- Kerby Centre volunteers

"When people leave the work force they are often at loose ends and their identities are lost. What Kerby does is to allow people to transition to their new life, their new self by offering a wide variety of programs.

"For me, classes have opened up a brand new life. I have made many new friends at a time of life when that is supposed to be very difficult."

- Education & Recreation client

With no family support to fall back on, Joan, who had never been homeless before, suddenly found herself without a roof over her head. For six months, she lived in her car, selling her jewelry so she could eat.

"Kerby Centre helped me rebuild my life, and encouraged me to keep in contact if I ever needed help again," says Joan. Joan says her experience with homelessness taught her that "life can turn on a dime," but it also taught her there are many good people in the world.

Thousands of older adults come to the Kerby Centre every year for events, social groups, educational courses, and recreation activities.

Emily Flaschner had an idea to do a swim-a-thon to help homeless older adults and found out about the Kerby Rotary Shelter by searching on the internet. Emily and her friends raised \$4,390 for the Kerby Rotary Shelter. Emily is shown here with Shelter client Derek W. Newell.

Staff, board, veterans, and members of the public gathered at Kerby Centre for our annual Remembrance Day ceremony Kerby Centre events grew in 2014 with record numbers for our Stampede Breakfast and capacity crowds for many events including our Membership Lunch (top left and opposite), and Diwali (centre). "Kerby Centre is very welcoming; all staff members that I have had contact with are friendly and helpful. The downtown / LRT location is excellent and having access to parking is a bonus."

- Education & Recreation client

Mrs. D fell and broke her hip and was stuck at home for quite some time. After her recovery, she wanted to get out of the house and do something productive so she started to volunteer at Kerby Centre.

Mrs. D says volunteering gives her a reason to get out of bed in the morning and get dressed up. She loves her time at Kerby Centre and really enjoys the opportunity to meet and talk with new people. She has made so many friends while volunteering and says she feels blessed to have this opportunity. During a first time assessment with a new client, a staff member in the Diana James Wellness Clinic had some concerns about the client's leg. After a full assessment, the staff member encouraged the client to see a doctor right away. The client called the next day thanking the Wellness staff member for the time she spent and encouraging him to consult a doctor.

The doctor determined the client had a large blood clot in his leg. The doctor said later that "the Wellness Clinic at the Kerby Centre did a great job detecting the clot and insisting medical treatment." The client has been under-going intense medical treatment and is doing well.

A 76-year-old client who has been in our grocery delivery program for 11 years credits Kerby Centre's services with keeping her living in her home for so many years.

She is wheelchair bound and can hardly go out on her own. She feels aware and connected to the community as the volunteers spend so much time talking to her.

The client feels the volunteers and Kerby Centre are like her family and she can rely on us.

Fundraising Events

Each year, Kerby Centre raises a significant portion of its budget through special events, donations, grants, and fundraising initiatives.

Photos: (background) a player tees off at the Kerby Centre High Tee Golf Tournament; (upper left) one of the dozens of baskets donated to Kerby Centre's grocery delivery clients by Amica at Aspen Woods; (upper right) Calgary Marathon runners and walkers; (lower left) MLA for Calgary-Hawkwood Jason Luan presents Kerby Centre with a cheque from the Community Facility Enhancement Program (CFEP).

Kerby	Assembly		10.000			
Statement of I						
As of D	ecember 31					
	2014	2013	and the second			
ASSETS	2014	2015				
CURRENT				TE 1 4 1		
Cash	\$ 364,184	\$ 542,494		Kerby Assembly Statement of Operations		
Short-term investments	2,245,004	2,386,041		for the years ended December 31		
Accounts receivable	68,272	87,194	101 1	le years ended De		
Inventory Prepaid expenses	7,863 <u>55,972</u>	7,863 47,504		2014	2013	
Frepaid expenses	2,741,295	3,071,096	REVENUE	2011	2013	
	2,/11,295	5,071,090	Government grants	\$ 1,547,602	\$ 1,968,178	
PROPERTY AND EQUIPMENT	1,509,989	1,380,904	Services	1,643,065	1,544,105	
	, ,, ,, ,,	_,	Donations	448,256	770,168	
REMAINDER TRUST	222,081	213,027	Investment revenue	234,535	167,654	
				<u>3,873,458</u>	\$ <u>4,450,105</u>	
	\$ <u>4,473,365</u>	4,665,027				
			EXPENSES	2 050 5(2	2 00 (00 5	
			Salaries and wages Services	2,879,762 708,978	2,896,085 757,965	
LIABILITIES AND NET ASSETS			Administration	529,832	596,365	
CURRENT			Amortization	73,476	88,577	
Accounts payable	\$ 156,800	\$ 183,149	Amortization	\$ 4,192,048	\$ 4,338,992	
Deferred revenue	774,685	621,408		+_ <u></u>	+ <u></u>	
Deletted tevenue		021,400				
	931,485	804,557	EXCESS (DEFICIENCY)			
			OF REVENUE			
NET ASSETS			OVER EXPENSES	\$ <u>(318,590)</u>	\$ <u>111,113</u>	
Unrestricted fund	901,404	1,204,423				
Restricted fund	1,302,369	1,303,124				
Invested in			Sector Se			
property and equipmen		1,352,923				
	3,541,880	_3,860,470				
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	\$ 4,473,365	\$ 4,665,027				
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Donations and Funding

Corporate

ATCO Pipelines Black Pearl Resources Inc. Calvista I I P Canadian Natural Resources Ltd. Canadian Union of Public Employees Cash Casino Chevron Canada Resources Connacher Oil & Gas FNA Industries Ltd. Freehold Royalties Ltd. Gas Processors Association of Canada Horan and Flaschner Professional Corp. Investors Group Metro Flement NFXFN INC. Office Concepts Incorporated Payquest Holdings Ltd. Shell Canada Limited United Way - Greater Toronto 1319207 Alberta Itd.

Groups

Army Navy and Airforce Veterans Associated Canadian Travellers Boom Group Inc. Calgary Heritage Lions Club Fort Calgary Chapter IODE Good Shepherd Community Church Highwood Senior Ladies Holy Nativity Anglican Church Knox United Church Lady Lougheed Chapter IODE National Association of Federal Retirees Pinebrook Golf & Country Club Renfrew 50+ Club Rotary Club Of Calgary South Sisters of Charity of St.Louis The Dutch Canadian Club (1990) The Elda Daniels Group

Foundations

Aqueduct Foundation Canadian Online Giving Foundation Cenovus Employee Foundation CREB Charitable Foundation Strategic Charitable Giving Foundation Imperial Oil Foundation Maunders McNeil Foundation Inc. The Donald and Eleanor Seaman Family Foundation and the following funds at The Calgary Foundation Anonymous Family Legacy Fund Colin and Margaret MacDonald Family Fund Cunningham Lee Sullivan Fund Donald and Doreen Lougheed Gift Fund Daryl K. Seaman Foundation Fund Forever Fund for Seniors Hicks Memorial Fund Maureen Gillette Memorial Fund Senior Citizens Fund The Calgary Foundation Community Grants

Government Funders

Alberta Centre for Injury Control & Research Alberta Culture & Community Services - CFEP Alberta Health Services Citizenship and Immigration Canada Family and Community Support Services Office of the Public Guardian

In-Kind Donors

Amica at Aspen Woods Basket Biz Michael Bay Beta Sigma Phi Sorority Coleen Harcourt Heerema Enterprizes St. Eugene Golf Resort & Casino Lillian Wong **Major Donors** Don Cook P. Malcolm Cullen Estate of Grace Gold Estate of Vivian Greenwood Hank Heerema **Richard Hehr** Orest & Patty Kotelko Mary Ann Kurucz Herb & Susan Martin Ross McLeod Gary Nissen 7ane Novak **Brandon Powell** Luanne Whitmarsh June Wilson

Kerby Centre would also like to thank the many groups, corporations, sponsors and individuals who support our special events through sponsorship, donations of gifts, monetary items, and time commitment.

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